



Fall 2020 CLASS INFORMATION & Covid19 precautions

Class will be outdoors (masks and proper social distancing required) in front of the Mt. Vernon Recreation Center. When temperatures drop, class will transition to either Zoom or the Recreation Center dance studio, if permitted.

CCP will follow Virginia, City of Alexandria, and Alexandria Health Department guidance and update accordingly.

Class: creative dance, modern dance and choreography.

Youth:

Classes support CCP's commitment to inspire creativity in children, develop their dance technique, and provide dance performances opportunities. Classes introduce students to modern dance technique, movement improvisation, and basic choreographic concepts such as floor patterns, tempo, and movement quality. Students develop physical strength and flexibility as well as artistic and creative skills. Classes are customized for each age range and skill level.

Attire

Please wear clothing that enables the dancer to move freely and comfortably. Please no jewelry, skirts, dresses, jeans or other clothing that limits movement. Sweatpants, leggings, shorts and leotard and tights (without feet) are recommended.

Contribution

We request a minimum donation or volunteer time on behalf of each student who registers for the dance session. Those who commit volunteer time will be offered several options to select from, including addressing and mailing postcards, distributing postcards and posters in Alexandria, and assisting us at technical rehearsals and dance concerts.

Questions regarding classes: call 703-683-2070 or email ccpdance@gmail.com.